



KANSAS
MATERNAL &
CHILD HEALTH

Kansas Maternal and Child Health Council

*This project is supported by
the Kansas Department of Health and Environment
with funding through the Health Resources and
Services Administration (HRSA) of the
US Department of Health and Human Services (HHS)
under grant number B04MC32543
and Title V Maternal and Child Health Services*

Kourtney Bettinger

Amy Dean-Campmire

Sheena Schmidt

Kari Harris

Jennifer Miller

Heidi Hartner

Kourtney Bettinger

Amy Dean-Campmire

Sheena Schmidt



Kari Harris

KMCHC Chair

Heidi Hartner

Jennifer Miller

Welcome Members

Kourtney Bettinger



Kansas Medicaid
Medical Director

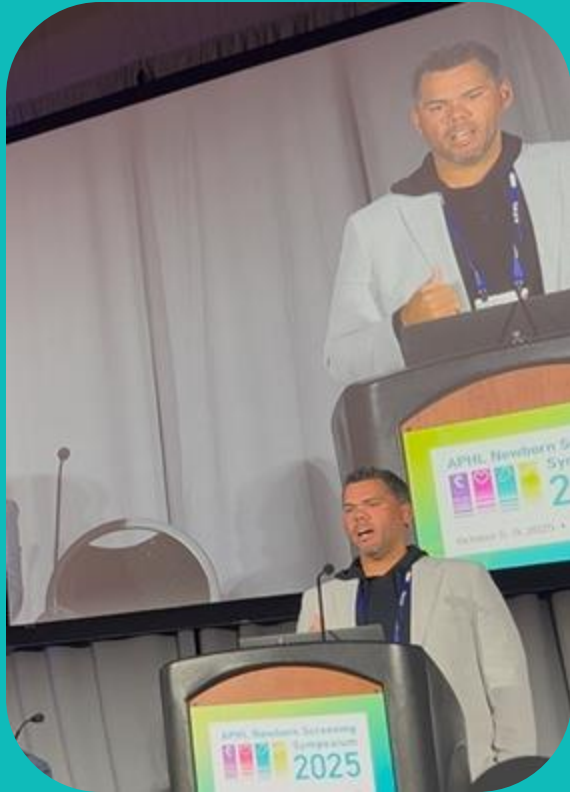
Amy Dean-Campmire

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Congratulations
Drew Duncan!



Kourtney Bettinger

Kansas Medicaid
Medical Director

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Amy Dean-Campmire

Sheena Schmidt



Kansas Medicaid
Medical Director

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Denise Cyzman

Federal Policy Updates: Implications for Kansas

October 15, 2025

Hello!



Sheena L. Schmidt, M.P.P.

*Senior Analyst &
Strategy Team Leader*
Kansas Health Institute

✉ sschmidt@khi.org



Who We Are



- Nonprofit, nonpartisan educational institution based in Topeka.
- Established in 1995 with a multi-year grant from the Kansas Health Foundation.
- Committed to convening meaningful conversations around tough topics related to health.



Medicaid and the Children's Health Insurance Program (CHIP)



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Medicaid (KanCare): Quick Facts



Medicaid is the **third-largest domestic program** in the federal budget, behind only Medicare and Social Security.



In fiscal year (FY) 2025, the **FMAP in Kansas is 61.87 percent**, meaning that for every \$1 that Kansas spends on Medicaid, the federal government contributes \$1.62.



The FY 2025 **FMAP for the Children's Health Insurance Program (CHIP) is 73.31 percent** in Kansas.



Medicaid is administered by the **Kansas Department of Health and Environment** and the **Kansas Department for Aging and Disability Services**. Kansas contracts with **managed care organizations (MCOs)** that provide health coverage.



Medicaid Populations

Covered Populations in Kansas

Low-income parents
and their children

Pregnant women, parents or
caretakers, and infants and
children, including children in
foster care

Low-income older
adults and people
with disabilities

Medically Needy, MediKan,
Working Healthy, Medicaid-
Medicare Dual Eligibility,
Program of All-Inclusive Care for
the Elderly (PACE), HCBS
Waivers

Other Medicaid
populations include
eligible individuals with
breast and cervical
cancer, tuberculosis or
acquired
immunodeficiency
syndrome (AIDS)



Impacts of the OBBBA on Medicaid and CHIP in Kansas

Key Findings

Limits on Medicaid Financing Tools

- New restrictions on provider taxes and state-directed payments

Enrollment and Administrative Changes

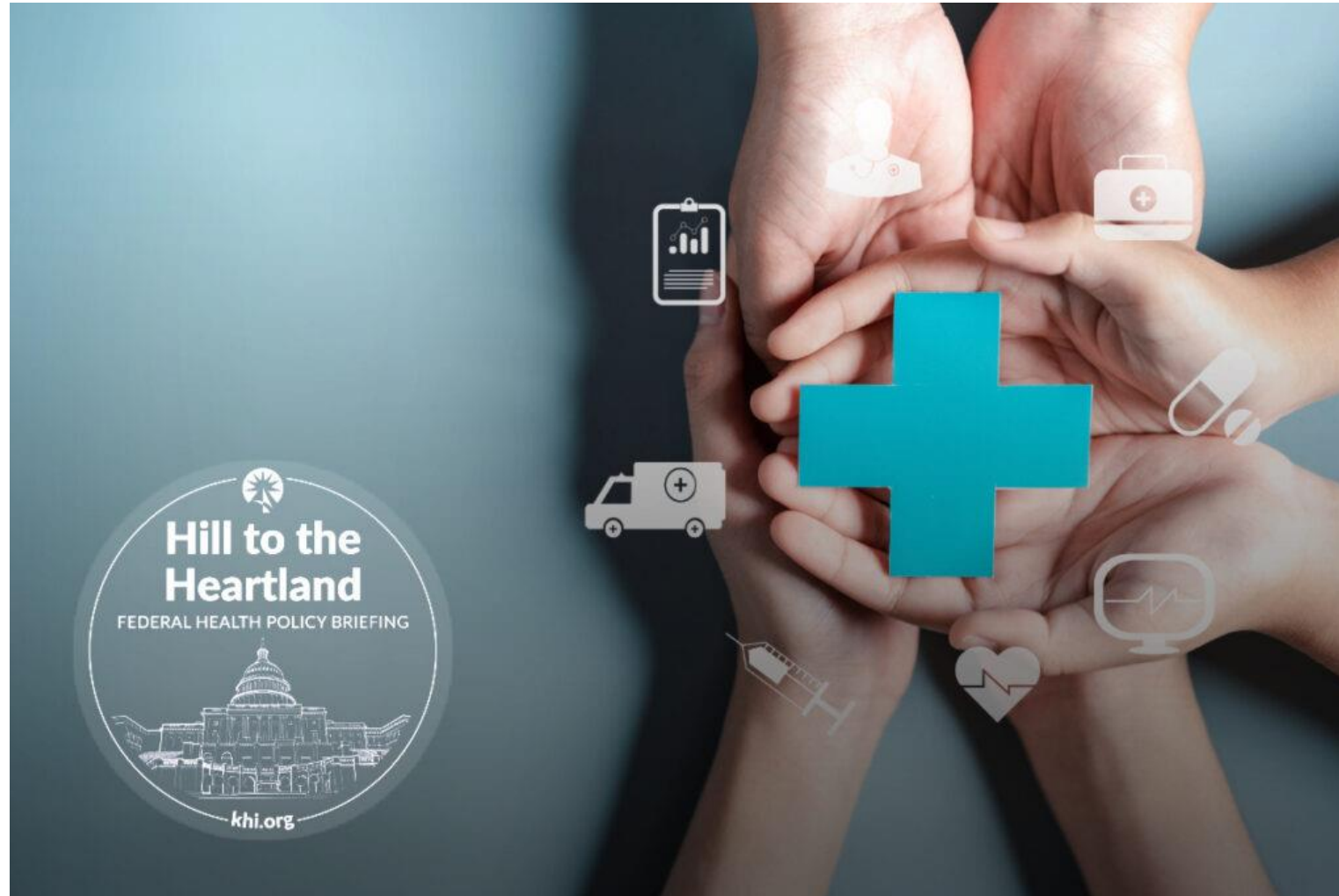
- Shortened retroactive coverage windows
- Stricter eligibility
- New verification requirements for agencies

Reduced Incentives for Medicaid Expansion

- Sunset of enhanced FMAP two-year incentive for states that decide to expand Medicaid.



Impacts of the OBBBA on Medicaid and CHIP in Kansas



bit.ly/478eSFF



Marketplace Insurance



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Impacts of Federal Policy Changes the Marketplace in Kansas

Key Updates

Sunsetting of Enhanced Tax Credits

- An estimated 49,000 would become uninsured due to changes in the ACA marketplace from OBBBA, including sunsetting of enhanced tax credits.

2025 Final Rule and OBBBA

- Shortening the open enrollment period from 75 days to 45 days.
- Eliminating the low-income special enrollment period.
- Updating the definition of lawfully present.

Other Provisions in OBBBA

- Eliminating repayment caps for excess tax credits.
- Verifying eligibility before enrollment.



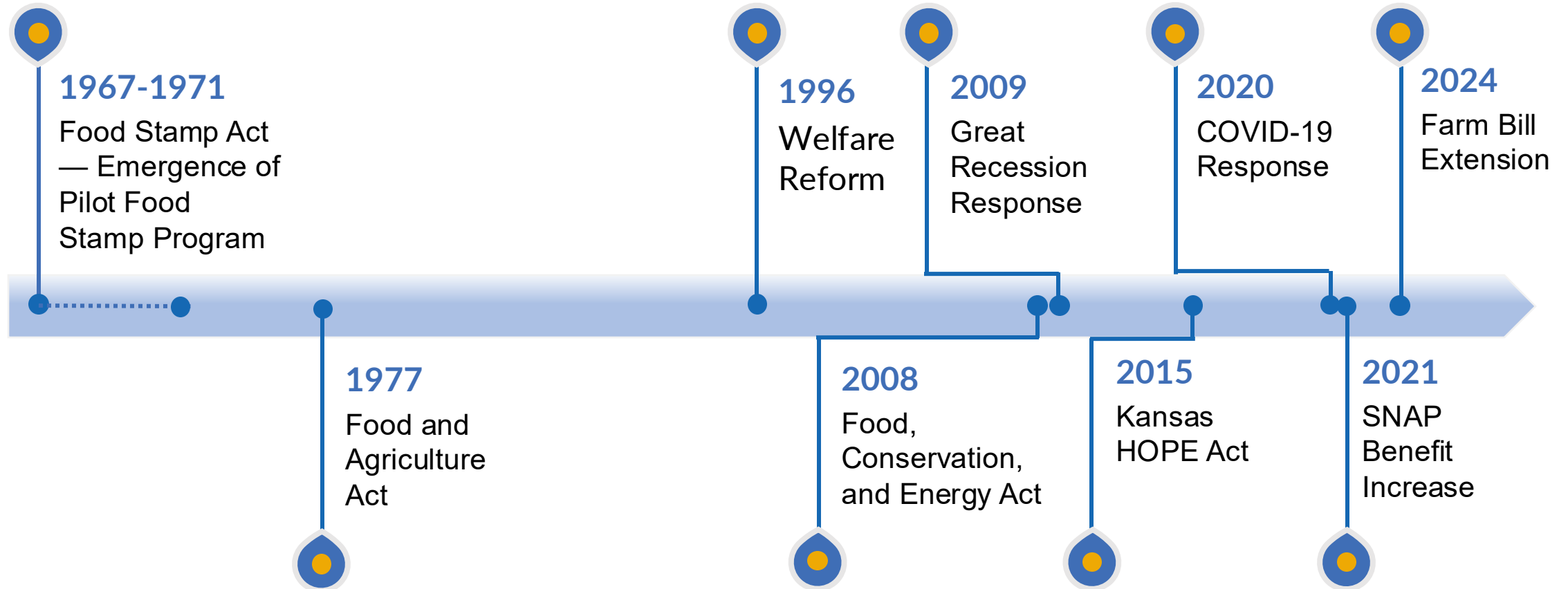
Supplemental Nutrition Assistance Program (SNAP)



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SNAP: A Brief History in Kansas



One Big Beautiful Bill Act and SNAP

Some Key Updates

Eligibility

- Expands ABAWD work requirements to ages 18-64.
- Further narrows eligibility (E.g., excluding refugees, asylees and trafficking and domestic violence survivors)

Cost Sharing

- Reduces federal match for state administrative costs from 50% to 25%.
- Introduces cost sharing of benefit allotments based on SNAP payment error rates.

Thrifty Food Plan Restrictions

- Restricts benefit growth to inflation adjustments only until at least Oct. 1, 2027.

SNAP-Ed

- Ends SNAP-Ed program Dec. 1, 2025.



Recent Updates



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Federal Government Shutdown

Key Updates

Federal Health Agencies

- Contingency plans were triggered across federal agencies on Oct. 1.
- Continuing essential food, safety and health services, but pausing most inspections, grant reviews and funding opportunities that were set to begin Oct. 1.

Nutrition Assistance

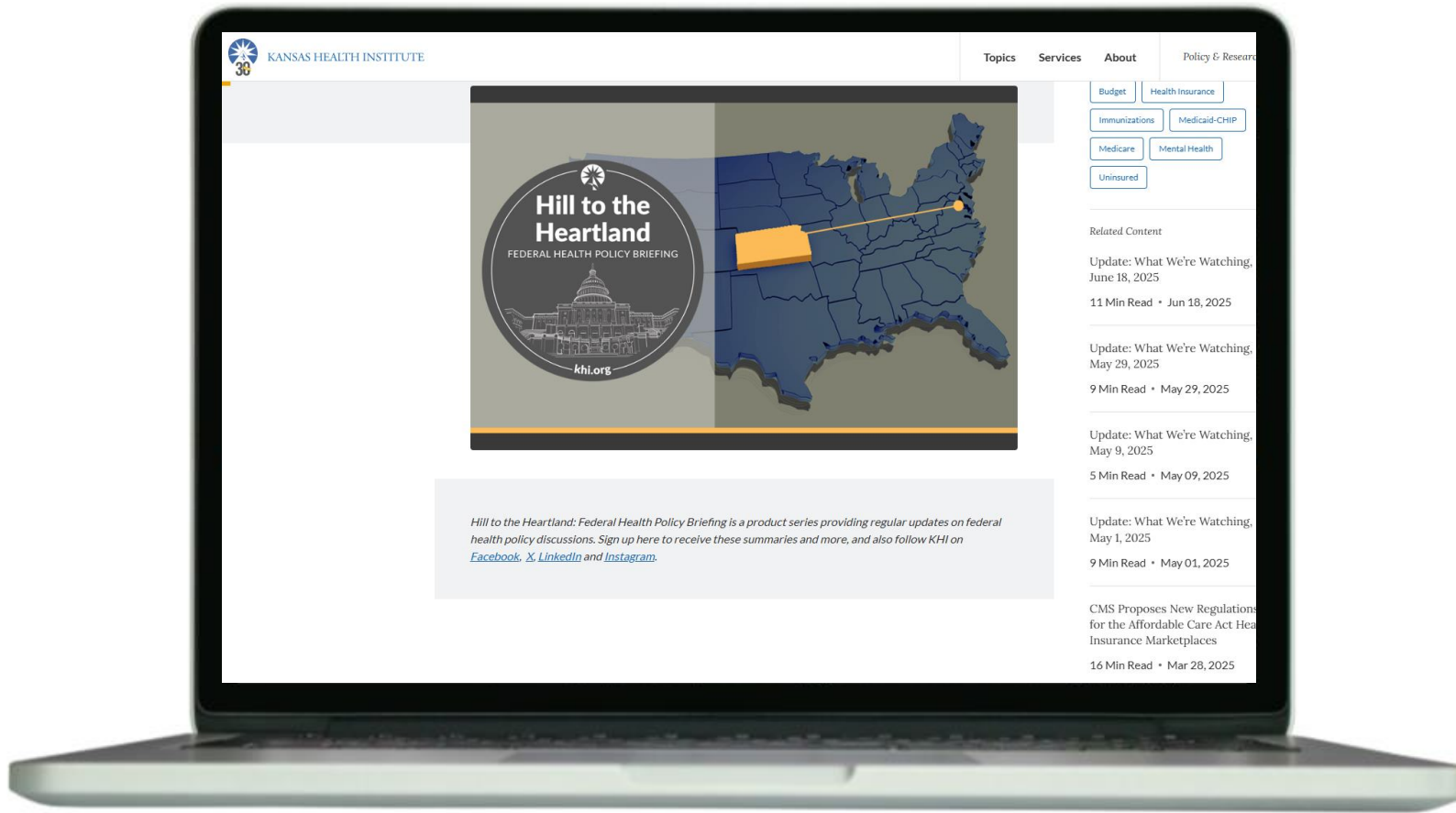
- WIC is operating on short-term contingency funds (but does not cover administrative costs).
- Some counties have approved additional funding to cover salaries until the end of October, while others are looking at closing offices.
- Program currently being funded with tariff revenue but may be short-term source of funding.

Community Health Centers

- Mandatory federal funding expired on Sept. 30.
- More than 20 CHCs in Kansas are preparing for potential service disruptions and are monitoring cash flow carefully.



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Kansas Maternal & Child Health
Title V Director
Kansas Dept of Health & Environment

Heidi Hartner

Denise Cyzman



Title V MCH Block Grant Kansas Updates

FFY2026 Application/FFY2024 Annual Report

October 8, 2025



Updates Since Submission

Program Activities and Staffing

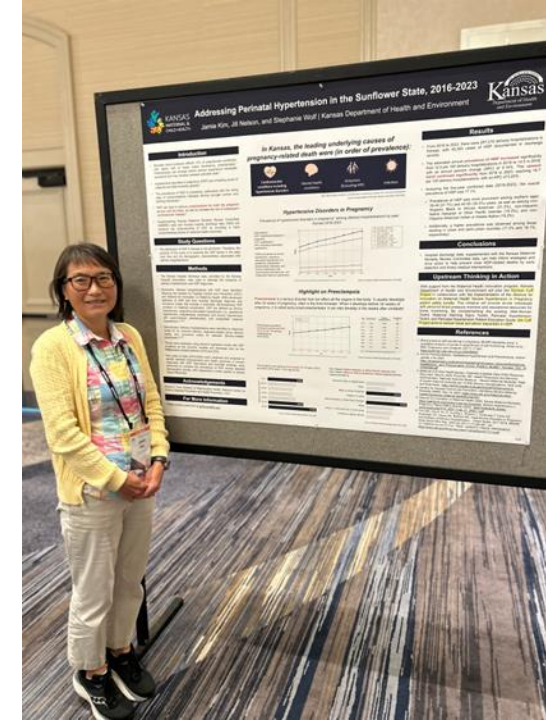
Kansas



August 7-8
2025
Kansas City
Kansas
Department of Health
and Environment

Bright Spots

- Women's Health Partnership with SENT, Inc.
- CityMatCH Award for Best Research Poster.
- Becoming a Mom[®] Prenatal Education Program, Implemented through the Kansas Perinatal Community Collaborative Model, accepted to the MCH Innovations Database as a Promising Practice.



Stakeholder Engagement

- Completed Key Informant Interviews of Father-Serving Organizations.
 - Working on IRB Documents for Fatherhood Focus Groups.
- Launched a Fatherhood Group as part of the FAC.
- Spoke with Governor's Youth Subcommittee about Title V.
- Local Workgroups Engaged in BaM Curriculum Adaptation for Low-Literacy and English Language Learner Populations.
- BaM Participant Review and Feedback of Adapted Curriculum Drafts.

Title V Staffing Updates

- Child/Adolescent Consultant
- SHCN Care Coordinator
- Lead SHCN Care Coordinator
- MCH Program Manager
- BaM Program Manager



Bureau Staffing Updates



- **Family Planning Program Manager**
- **Family Planning Consultant**



KANSAS
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MCHB Topics of Interest

Medicaid Technical Assistance

- **Interagency Agreement Revisions**
- **Center for Maternal and Child Health Medicaid Partnerships**
 - Webinars
- **Successes**
 - TMaH Partnership
 - KMCHC
 - Working Group(s)
 - Data Linkages
- **Challenges**
 - Capacity



Alignment with Administrative Priorities: Chronic Disease Epidemic

- Partnership with K-State on out-of-school activity time
- Tobacco Cessation Program
- Discussions are starting on the development of motivational interviewing workshops for providers who work with adolescents.

Observing out-of-school time staff physical activity promoting behavior

Sarah Arraiga, Katie Schwartzkopf, Emma Errebo, Peter Stoecker, Ph.D.
Department of Kinesiology, Kansas State University, Manhattan, KS

Introduction

- In the United States, only 20-28% of children ages 6-17 meet the physical activity guidelines.
- 10.2 million children participate in after-school programs.
- After-school programs can enhance physical activity levels and promote other health-related benefits.
- Staff play an integral role in promoting physical activity.
- The purpose of this study was to understand the physical activity environment by observing physical activity promoting staff behaviors during after school programming.

Methods

Participants and Location:

- Local After School Club (N=4)

Equipment:

- System for Observing Staff Promotion of Activity and Nutrition (SOSPAN) Observation Form

Measurements:

- Staff behaviors regarding physical activity

Analysis:

- Frequencies were calculated for each observed staff observation.

Preliminary Staff Observation Data

Total Scans: 160

PA - Encouraging Staff Behaviors & Game Structure	
PA-Encouraging Staff Behaviors	% of total scans observed during PA time
Staff verbally promoting PA	1%
Staff engaged in PA	19.76%
PA equipment available	100% of days observed

PA - Discouraging Staff Behaviors & Game Structure	
PA-Discouraging Staff Behaviors	% of total scans observed during PA time
PA as punishment	0%
Direct sedentary instruction	5%
Withholding PA	0%
Discouraging PA	0%
Other duties	<1%
Off-task	3%
Children standing in line & waiting for turn	8%
Playing elimination game	5%
Staff supervising (not engage in PA)	76%

Observed Activity Program Context & Top Games Observed	
Activity Context: Observed as free play (100% of days for organized play (30% of days))	
4-square	Free play: 30% of days observed
Playground	Free play: 100% of days observed
Basketball	Free play: 30% of days observed

Implications

- Data can be relayed back to after school clubs and used to educate staff members on strategies to increase PA levels during their programs.
- Observing staff in different settings of play can aid to get a more accurate representation of PA levels in after school programs.
- The results showed majority of staff behavior was supervising. Using this data, we suggest staff engage more with activity to improve PA levels.
- This study looked at a small sample size, future studies should have a larger sample of scans.

References

After-school programs. Youth.gov. (n.d.). <https://youth.gov/youth-topics/after-school-programs>

2024 US report card on physical activity for children and youth shows how children are getting the recommended daily dose of activity. University of Kansas Medical Center. (2024, October 5). <https://www.kumc.edu/about/news/news-and-events/childhood-activity-report.html>

Michael W. Beets, Aaron Bagheri, Heather E. Evans, Jennifer L. Hulteen. After-school program impact on physical activity and fitness: a meta-analysis. *International Journal of Behavioral Nutrition and Physical Activity*. Volume 10, Issue 6, 2008. Pages 527-537. (doi:10.1186/1479-2753-10-527)

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KANSAS STATE UNIVERSITY

This project is funded by the Kansas Department of Health and Environment.

Alignment with Administrative Priorities: Chronic Disease Epidemic



Examining Risk Factors for Maternal and Childhood Obesity in Kansas

Figure 1: Childhood Obesity among Kansas Children Ages 6-17

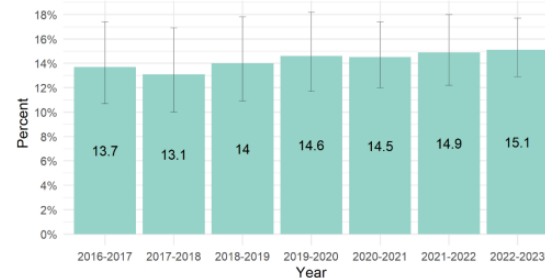


Figure 1 Source: National Survey of Children's Health, 2016-2017 through 2022-2023, Kansas, USA

problem², including factors related to maternal health before, during and after pregnancy.³ Little is known about these factors among pregnant and postpartum mothers in Kansas. Improved understanding may lead to better health outcomes, not only for mothers, but may also help reduce obesity among children.

Maternal Risk Factors During Pregnancy

One risk factor for childhood obesity is maternal cigarette smoking before and during pregnancy.^{4,5} In Kansas, 5.8% of pregnant women reported smoking cigarettes at any time during pregnancy (Fig 2). Reducing tobacco use among pregnant women in Kansas may improve the health of both mothers and children.

Table 1: Maternal Weight Gain Guidelines ⁷	
BMI Class (BMI Range)	Recommended Weight Gain During Pregnancy for a Single-Child Birth
Underweight: (< 18.5)	28-40 pounds
Normal weight (18.5-24.9)	25-35 pounds
Overweight (25.0-29.9)	15-25 pounds
Obese (30.0-39.9)	11-20 pounds

Maternal obesity before pregnancy is also an early predictor

Childhood Obesity is a nationwide public health crisis, with approximately one in five U.S. children and adolescents living with obesity which can increase the risk of health conditions later in life.¹ This challenge is also evident in Kansas, where data from 2016-2023 show that approximately one in seven children ages 6-17 years, experience obesity (Fig. 1). This indicates that childhood obesity remains a concern in Kansas and merits continued investigation into its possible causes. Multiple risk factors contribute to this growing

Figure 2: Reported Tobacco Use Among Kansas Women After a Recent Live Birth in

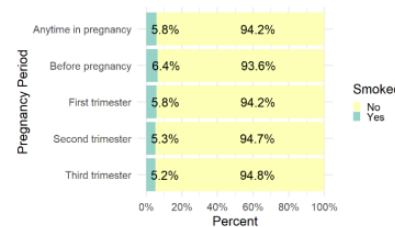


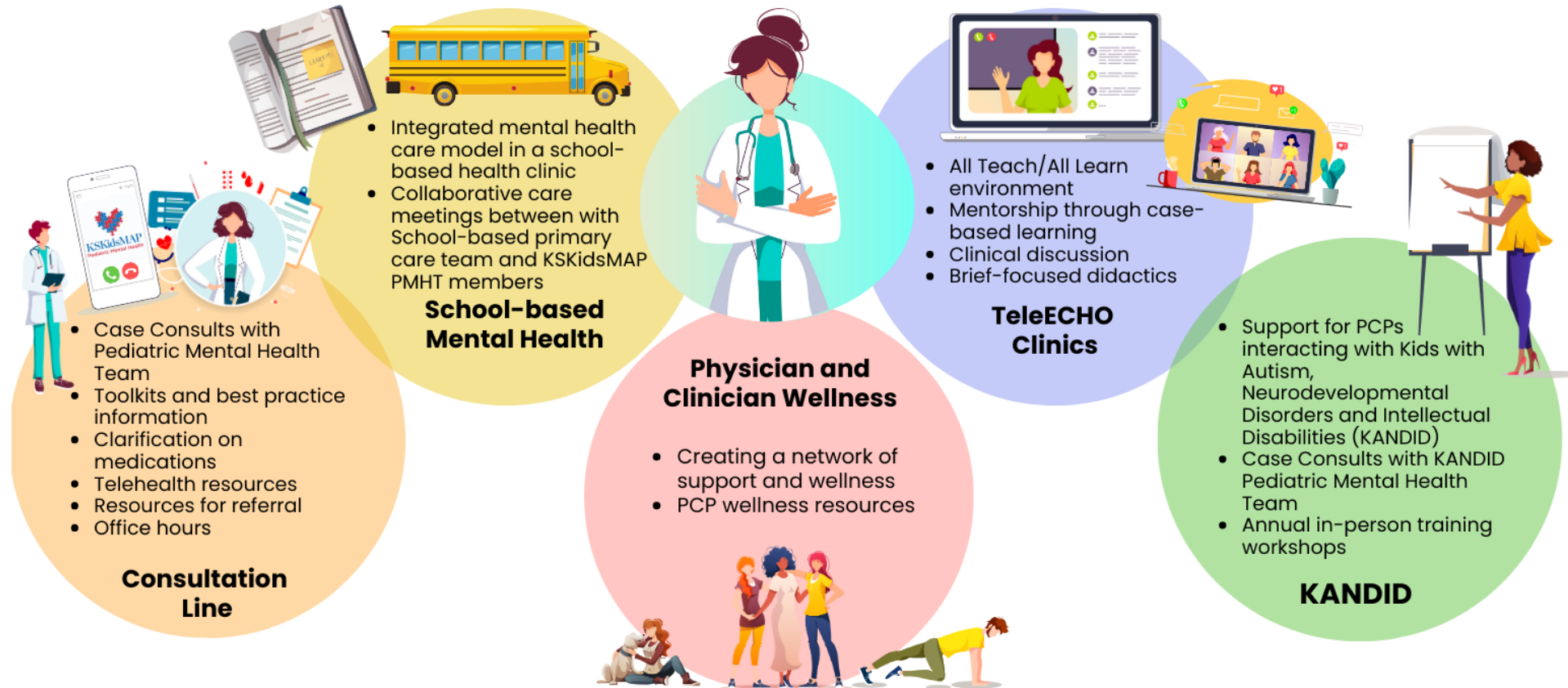
Figure 2 Source: Pregnancy Risk Assessment Monitoring System (PRAMS) 2023, KDHE, Kansas, USA

- The Title V Epidemiology Team routinely provides data updates to increase awareness of ongoing and emerging issues in MCH.
- The pictured document was developed by an MCH epidemiologist to provide up-to-date information on risk factors for childhood and maternal obesity in Kansas. This was shared on the KDHE website and with Title V partners.

Alignment with Administrative Priorities: Autism

- Partnership with KU Medical Center's Kansas Leadership Education in Neurodevelopmental and related Disabilities (LEND) Training Program
 - Provides Kansas childcare providers with monthly training on developmental disability topics such as autism red flags and screening to speech language development to positive behavioral supports and many others.
- Statewide Autism Coalition
 - KDHE in partnership with the Kansas Department for Aging and Disability Services (KDADS) is convening this coalition. Meetings are monthly and include a range of professionals and key stakeholders. The coalition members have agreed upon a shared mission and vision. The group has split into three subgroups of Access, Policy and Workforce where they have been going over the 2021 Autism Task Team Report to identify work that has been done, what needs to still be done and what may be missing from that report.
 - **Mission**
The Kansas Statewide Autism Coalition works to strengthen service coordination, expand access to resources and shape informed policy through collaborative partnerships with individuals with autism, their families, service providers and agencies across the state.
 - **Vision**
A Kansas where individuals with autism and their families are empowered, embraced by all communities and have equitable access to high-quality supports and services.

Alignment with Administrative Priorities: Mental Health



offered annually

Alignment with Administrative Priorities: Strengthening Work with Tribes

- **KMMRC:** The KMMRC Coordinator has worked to increase tribal representation on the review committee. There are currently three members of the review team with a tribal heritage.
- **Southern Plains Tribal Health Board:** The KMMRC Coordinator and Epidemiologist have been participating in a collaborative assessing the feasibility of a tribally led MMRC, either at the regional or on the national level. The KMMRC Executive Team approved to asking the Tribal Health Board Epidemiologist to join the committee.



Find Us Online!

<https://www.kdhe.ks.gov/162/Personal-Family-Health>

<https://kansasmch.org/default.asp>

Discussion and Questions



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Kari Harris

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Denise Cyzman

Executive Director
Kansas Chapter, American Academy of
Pediatrics

Domain Workgroups

Expectations for Domain Work Groups

Stay present and participate actively.

Invite everyone into the conversation. Take turns talking.

ALL feedback is valid. There are no right or wrong answers.

Value and respect different perspectives (providers, families, agencies, etc.).

Be relevant. Stay on topic.

Allow facilitator to move through discussion questions.

Avoid repeating previous remarks.

Disagree with ideas, not people. Build on each other's ideas.

Capture "side" topics and concerns; set aside for discussion and resolution at a later time.

Reach closure and summarize conclusions or action steps for small group reports.

Expectations for Domain Work Groups

Actively listen.

Be Part of the
Conversation.
Speak your mind.

Share the Workload.
Volunteer for Action
Steps.

Set action steps and team
roles in the remaining 5
minutes of the discussion.

Work Group Questions

1. What were the most critical takeaways from today's presentations?
2. Summarize your workgroup's progress on your Special Project since the last meeting.
3. Update your action plan with action steps and identify work group members responsible for tasks.

Work Group Projects

Women/Maternal: Develop a universal, consistent prenatal risk assessment form that includes clinical and social determinants of health data.

Perinatal/Infant: Welcome postcard for all Kansas babies.

Children: Help parents and caregivers access resources to address their child's behavioral health needs.

Adolescents: Improve civic engagement for adolescents.

YOUR FACILITATORS



WOMEN/MATERNAL

Kayla Stangis | Maternal
Health Innovation
Coordinator

KDHE Bureau of Family
Health



PERINATAL & INFANT

Stephanie Wolf | Clinical
Perinatal/Infant Health
Consultant
Kansas Perinatal Community
Collaboratives Program
Coordinator

KDHE Bureau of Family
Health



CHILDREN

Cora Ungerer | Title V
CSHCN Director

KDHE Bureau of
Family Health



ADOLESCENT

Jennifer Miller | State
Maternal Child &
Health Director

KDHE Bureau of
Family Health

WORK GROUP ASSIGNMENTS

Women/Maternal		Perinatal/Infant		Children		Adolescent	
Anton Room		Hughes Room		Perkins Room		Marvin A	
Facilitator: Kayla Stangis		Facilitator: Stephanie Wolf		Facilitator: Cora Ungerer		Facilitator: Jennifer Miller	
Recorder: Britney Nasseri		Recorder:		Recorder: Ali Braun		Recorder: Jennifer Miller	
Antje	Anji	Carrie	Akin	Linda	Buchheister	Jennifer	Brunning
Megan	Askins	Deborah	Alliston	Cristi	Cain	Linda	Buchheister
Deena	Carmona	Brenda	Bandy	Stacy	Clarke	Lisa	Chaney
Mariah	Chrans	Kourtney	Bettinger	Stephanie	Coleman	Geno	Fernandez
Carol	Cramer	Heather	Braum	Vanessa	Eberle	Holly	Frye
Amy	Dean-Campmire	Stacy	Clarke	Derik	Flerlage	Jason	Geslois
Patricia	Fox	Drew	Duncan	Cory	Gibson	Kirstianna	Guerrero
Lisa	Frey Blume	Stephen	Fawcett	Dione	Guyton	Afsheen	Hasan
Sapphire	Garcia	Sara	Hortenstine	Kaitlin	Johnson	Kari	Harris
Shalae	Harris	Stephanie	Jerguson	Emily	Kessler-Serafin	Sarah	Hinton
Jamie	Kim	Brandi	Markert	Monique	Koerner	Elaine	Johannes
Karly	Lauer	Susan	Pence	Julie	Laverack	Shannon	Kennedy
Patricia	McNamar	Caroline	Rodriguez	Karen	Perez	Steve	Lauer
Pempho	Moyo	Cari	Schmidt	Zachary	Ray	Sookyung	Shin
Jill	Nelson	Katie	Schoenhoff	Cherie	Sage	Melissa	Valenza
Oluwakemi	Onyenagubo	Christy	Schunn	Heather	Schrotberger	Natalie	Watkins
Lisa	Shoop	Kali	Steelsmith	Peter	Stoepker	Liz	Whitson
Christi	Smith	Maria	Torres	Maddie	Wegner	Donna	Yadrich
Juliet	Swedlund	Stephanie	Wolf	Elizabeth	Whitson	Daina	Zolck
Kristi	Weaver						
Tara	Wells						
Kendra	Wyatt						

Float: Denise Cyzman, Michelle Horst

Enjoy Your Lunch

SEE YOU BACK IN 10 MINUTES



Welcome Back

TIME FOR REPORT OUTS

DOMAIN WORKGROUP REPORT OUT



WOMEN/MATERNAL

Develop a Universal and Consistent Prenatal Risk Assessment Form that Includes Clinical and Social Determinants of Health Data



PERINATAL/INFANT

Welcome Postcard for all Kansas Babies



CHILDREN

Help Parents and Caregivers Access Resources to
Address their Child's Behavioral Health Needs.



ADOLESCENT

Improve Civic Engagement for Adolescents



Member Announcements

THE FLOOR IS YOURS!

Kourtney Bettinger

Amy Dean-Campmire

Sheena Schmidt



Kari Harris

KMCHC Chair

Heidi Hartner

Denise Cyzman

Jennifer Miller

We Want Your Feedback!



Scan the QR
Code for
Evaluation



KANSAS
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CHILD HEALTH

Next Meeting Dates

January 14, 2026
9:00am - noon
Virtual

May 2026
10:00am – 2:00pm
Topeka Shawnee Public
Library

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Department of Health
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TO PROTECT AND IMPROVE THE HEALTH AND ENVIRONMENT OF ALL KANSANS